

<b>Swimmer Profile</b>	
<b>Name:</b> Ben Walsh	<b>Age:</b> 19
<b>Club:</b> Porirua City Aquatics	<b>Coach:</b> Nevill Sutton
<b>About</b>	
<b>Greatest achievement in swimming:</b> Two silvers at NZ Opens 2014	
<b>Major goals for the next 2 years:</b> Make Oceania 2016	
<b>What is your pre-race ritual?</b> Visualise the race	
<b>If you could only eat one thing for the rest of your life what would it be?</b> McDonald's	
<b>Who or what inspires you and why?</b> Michael Phelps – he inspires me to do the best I can	
<b>School/University/subjects/company/position?</b> Movement teacher at Primary Schools	